• The help you need is available. Please choose to seek a long-term solution beginning today.
• Start with a phone call to Metro Social Services (2-1-1 24 hrs a day or 615-862-6400 M-F 8 am to 4:30 pm) to get connected to community services (counseling, food, clothing and shelter).
• Talk with the people who can direct you to services or provide them: Nashville Rescue Mission (639 Lafayette Street) and Room In The Inn (705 Drexel Street).
• Find a directory of current resources, including meals, in the Where to Turn in Nashville guide published by The Contributor. Available online at wttin.org.
SOME COMMUNITY RESOURCES

**Nashville Rescue Mission**
639 Lafayette St.
615-255-2475
nashvillerescuemission.org

**Metro Social Services (2-1-1)**
800 2nd Ave. N
615-862-6400
Nashville.gov/social-services

**Room In The Inn**
705 Drexel St.
615-251-7019
roomintheinn.org

**Where to Turn in Nashville**
from *The Contributor*
wttin.org

nashvilledowntown.com/realchange